

# FREETOWN ELEMENTARY SCHOOL

## LUNCH MENU JUNE 2013

| Mon   | Tue  | Wed  | Thu  | Fri  | ALTERNATIVES SERVED DAILY  |
|---|--|--|--|--|--|
| 3<br><i>CHICKEN PATTY SANDWICH WITH BAKED BEANS OR FRESH VEG OR FRUIT</i> | 4<br><i>CHEESEBURGER ON A BUN WITH HOMEFRIES OR FRESH VEG OR FRUIT</i>   | 5<br><i>BEEF TACOS AND RICE WITH SPINACH SALAD OR FRESH VEG OR FRUIT</i> | 6<br><i>CHICKEN NUGGETS AND A DINNER ROLL WITH CORN OR FRSH VEG OR FRUIT</i> | 7<br><i>CHEESE PIZZA WITH MIXED VEG OR FRESH VEG OR FRUIT</i>      | <p>VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI &amp; CHEESE SLICED TURKEY<br/>ALL ALTERNATIVES SERVED CAN INCLUDE MILK SALAD OR SOUP FRESH FRUIT</p> <p><b>LUNCH CARD PROGRAM</b></p> <p>CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS <b>\$25.00</b> AND CAN BE USED FOR THE FOLLOWING<br/>1) DAILY SCHOOL LUNCH OR<br/>.SELECTED PREMADE SANDWICHES</p> <p>WITH FRUIT AND MILK<br/>PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA<br/>CHECKS TO BE MADE OUT TO FLRSD<br/>ALL MILK PRICES ARE \$.45<br/>ALACARTE</p> <p>*** ALL MEALS CAN I NCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p> |
| 10<br><i>POPCORN CHICKEN WITH POT. VEG. FRUIT ,MILK AND DESSERT</i>       | 11<br><i>PASTA WITH MEAT BALLS A ROLL SALAD FRESH FRUIT AND MILK.</i>    | 12<br><i>MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT</i>  | 13<br><i>CHICKEN FAJITA WITH ALL THE TRIM-MINGS,FRUIT ,MILK AND DESSERT</i>  | 14<br><i>PIZZA DELUXE WITH TOSS SALAD FRUIT MILK &amp; DESSERT</i> |  |
| 17<br><i>RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DESSERT</i> | 18<br><i>CHICKEN PATTY SAND WITH-SALAD FRESH FRUIT ,MILK AND DESSERT</i> | 19<br><i>FRENCH TOAST AND SAUSAGE WITH VEG. FRESH FRUIT&amp; MILK</i>    | 20<br><i>HOT DOGS AND CHIPS SALAD FRESH FRUIT DESSERT</i>                    | 21<br><i>CHEF'S CHOICE</i>   |  |
| 24<br><i>CHEF'S CHOICE</i>  | 25<br><i>CHEF'S CHOICE</i>   | 26<br><i>NO FOOD SERVED</i>  | 27<br><i>NO FOOD SERVED</i>  | 28<br><i>NO FOOD SERVED</i>  |  |
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