

FREETOWN ELEMENTARY SCHOOL

LUNCH MENU APRIL 2013

| Mon | Tue | Wed | Thu | Fri | ALTERNATIVES SERVED DAILY |
|--|---|---|--|---|--|
| 1 CHICKEN NUGGET DINNER WITH POT.. VEG FRUIT MILK AND DESSERT | 2 PASTA WITH MEAT BALLS A ROLL SALAD FRESH FRUIT AND MILK. | 3 JR TURKEY CLUB SAND WITH PUFFS ,SALAD,FRESH FRUIT MILK. AND DESSERT | 4 FRENCH TOAST AND SAUSAGE SALAD FRESH FRUIT MILK AND DESSERT | 5 PIZZA DELUXE WITH TOSS SALAD FRUIT ,MILK & DESSERT | <p>VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI & CHEESE SLICED TURKEY</p> <p>ALL ALTERNATIVES SERVED CAN INCLUDE MILK SALAD OR SOUP FRESH FRUIT</p> |
| 8 RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DESSERT | 9 CHICKEN PATTY SAND WITH-SALAD FRESH FRUIT ,MILK AND DESSERT | 10 MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT | 11 BAKED CHICKEN DINNER WITH POT,VEG FRUIT,MILK AND DESSERT | 12 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT | <p>LUNCH CARD PROGRAM</p> <p>CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS \$25.00 AND CAN BE USED FOR THE FOLLOWING</p> <p>1) DAILY SCHOOL LUNCH OR .SELECTED PREMADE SANDWICHES</p> |
| 15 NO FOOD SERVED | 16 NO FOOD SERVED | 17 NO FOOD SERVED | 18 NO FOOD SERVED | 19 NO FOOD SERVED | <p>WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD</p> <p>ALL MILK PRICES ARE \$.45 ALACARTE</p> <p>*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p> |
| 22 POPCORN CHICKEN WITH POT. VEG. FRUIT ,MILK AND DESSERT | 23 .BEEF TACO WITH ALL THE TRIM-MINGS,FRUIT ,MILK AND DESSERT | 24 .PANCAKES AND SAUSAGE VEG. FRESH FRUIT ,MILK AND DESSERT | 25 HAMBURGER OR CHEESE-BURGER,SALAD PUFFS FRESH FRUIT MILK AND DESSERT | 26 PIZZA DELUXE WIYH SALAD OR VEG FRESH FRUIT AND MILK. | <p>WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD</p> <p>ALL MILK PRICES ARE \$.45 ALACARTE</p> <p>*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p> |
| 29 HOT DOGS BEANS SALAD WITH FRESH FRUIT AND MILK. | 30 .CHEESE QUESADILLA WITH SALAD FRESH FRUIT MILK AND DESSERT | | | | <p>WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD</p> <p>ALL MILK PRICES ARE \$.45 ALACARTE</p> <p>*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p> |