

# FREETOWN/LAKEVILLE MIDDLE SCHOOL

## LUNCH MENU MARCH 2013

Mon	Tue	Wed	Thu	Fri	ALTERNATIVES SERVED DAILY
				1 CHEESE QUESADILLA WITH SALAD, FRESH FRUIT AND MILK	1) HAMBURGER OR CHEESE-BURGER 2) CHEESE PIZZA 3) CHICKEN BURGER ON A BUN 4) PREMADE SALADS 5) VARIETY OF PREMADE SANDWICHES
4 GRILLED CHEESE SAND WITH A CUP OF SOUP, SALAD, FRESH FRUIT AND	5 SPICEY CHICKEN PATTY WITH CHIPS, SALAD FRESH FRUIT AND MILK.	6 MACARONI AND CHEESE WITH VEG. OR SALAD, FRESH FRUIT AND MILK	7 CHICKEN FAJITA WITH ALL THE TRIMMINGS, FRESH FRUIT AND MILK	8 PIZZA DELUXE WITH SALAD FRUIT AND MILK	6) MEATBALL, SUB  <b>PRE-PAY LUNCH PROGRAM</b>  MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, AND CAN BE USED FOR THE FOLLOWING
11 CHICKEN NUGGETTS WITH POT. VEG. FRESH FRUIT AND MILK	12 SHEPHERDS PIE WITH GRAVY FRESH FRUIT AND MILK	13 JR TURKEY CLUB WITH PUFFS SALAD, FRESH FRUIT AND MILK	14 BEEF TACO WITH ALL THE TRIMMINGS, FRESH FRUIT AND MILK	15 CHEESE QUESADILLA WITH SALAD, FRESH FRUIT AND MILK	1) DAILY SCHOOL LUNCH OR PASTA BAR 2) A CHICKEN BURGER, HAMBURGER, CHEESEBURGER WITH SALAD FRUIT AND MILK OR JUICE
18 RIB-E-QUE SAND WITH PUFFS SALAD FRUIT AND MILK	19 CHICKEN PARM SUB WITH PUFFS SALAD, FRESH FRUIT AND MILK.	20 BAKED CHICKEN DINNER WITH POT. VEG. FRESH FRUIT AND MILK.	21 PASTA WITH MEAT SAUCE GARLIC BREAD SALAD FRESH FRUIT AND MILK	22 PIZZA DELUXE WITH SALAD OR VEG. FRUIT AND MILK.	3) A SLICE OF PIZZA WITH SALAD FRUIT AND MILK OR JUICE. 4) SELECTED PREMADE SANDWICHES OR SALADS WITH FRUIT AND MILK OR JUICE
25 POPCORN CHICKEN WITH POT. VEG. FRESH FRUIT AND MILK	26 AMERICAN CHOP SUEY WITH GARLIC BREAD, SALAD FRUIT AND MILK	27 .ROAST URKEY DINNER WITH POT. VEG. A ROLL, FRESH FRUIT AND MILK	28 .THREE ALARM CHILI WITH CHIPS SALAD FRESH FRUIT AND MILK.	29 NO FOOD SERVED	PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD ALL MILK PRICES ARE \$.45 ALACARTE