

FREETOWN ELEMENTARY SCHOOL

LUNCH MENU MARCH 2013

	Mon	Tue	Wed	Thu	Fri					
					1 PIZZA DELUXE WITH TOSS SALAD FRUIT ,MILK & DESSERT	<p>ALTERNATIVES SERVED DAILY</p> <p>VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI & CHEESE SLICED TURKEY ALL ALTERNATIVES SERVED CAN INCLUDE MILK SALAD OR SOUP FRESH FRUIT</p> <p>LUNCH CARD PROGRAM</p> <p>CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS \$25.00 AND CAN BE USED FOR THE FOLLOWING 1) DAILY SCHOOL LUNCH OR .SELECTED PREMADE SANDWICHES</p> <p>WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD ALL MILK PRICES ARE \$.45 ALACARTE</p> <p>*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p>				
4	<i>GRILLED CHEESE SAND AND SOUP WITH SALAD FRUIT, MILK & DESSERT</i>	5	<i>CHEESE QUESADILLA WITH SALAD FRESH FRUIT MILK AND DESSERT</i>	6	<i>MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT</i>		7	<i>FRENCH TOAST AND SAUSAGE SALAD FRESH FRUIT MILK AND DESSERT</i>	8	<i>PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>
11	<i>CHICKEN NUGGET DINNER WITH POT.. VEG FRUIT MILK AND DESSERT</i>	12	<i>HOT DOGS BEANS SALAD WITH FRESH FRUIT AND MILK.</i>	13	<i>JR TURKEY CLUB SAND WITH PUFFS ,SALAD,FRESH FRUIT MILK. AND DESSERT</i>		14	<i>HAMBURGER OR CHEESE-BURGER,SALAD PUFFS FRESH FRUIT MILK AND DESSERT</i>	15	<i>PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>
18	<i>RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DESSERT</i>	19	<i>CHICKEN PARM DINNER WITHPASTA VEG. ROLL FRESH FRUIT AND MILK.</i>	20	<i>BAKED CHICKEN DINNER WITH POT. VEG. FRUIT AND MILK.</i>		21	<i>PASTA WITH MEAT BALLS A ROLL SALAD FRESH FRUIT AND MILK.</i>	22	<i>PIZZA DELUXE WIYH SALAD OR VEG FRESH FRUIT AND MILK.</i>
25	<i>POPCORN CHICKEN WITH POT. VEG. FRUIT ,MILK AND DESSERT</i>	26	<i>.AMERICAN CHOP SUEY WITH GARLIC BREAD SALAD ,FRUIT ,MILK AND DESSERT</i>	27	<i>PANCAKES AND SAUSAGE VEG. FRESH FRUIT ,MILK AND DESSERT</i>		28	<i>BEEF TACO WITH ALL THE TRIM-MINGS,FRUIT ,MILK AND DESSERT</i>	29	<i>NO FOOD SERVED</i>