

FREETOWN ELEMENTARY SCHOOL

LUNCH MENU JANUARY 2013

	Mon	Tue	Wed	Thu	Fri	
		<i>1 NO FOOD SERVED</i>	<i>2 MEATBALL SUB WITH SALAD FRUIT ,MILK AND DESSERT</i>	<i>3 JR TURKEY CLUB SAND WITH PUFFS ,SALAD,FRESH FRUIT MILK. AND DESSERT</i>	<i>4 PIZZA DELUXE WITH TOSS SALAD FRUIT ,MILK & DESSERT</i>	<p>ALTERNATIVES SERVED DAILY</p> <p>VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI & CHEESE SLICED TURKEY ALL ALTERNATIVES SERVED CAN INCLUDE MILK SALAD OR SOUP FRESH FRUIT</p> <p>LUNCH CARD PROGRAM</p> <p>CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS \$25.00 AND CAN BE USED FOR THE FOLLOWING 1) DAILY SCHOOL LUNCH OR .SELECTED PREMADE SANDWICHES</p> <p>WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD ALL MILK PRICES ARE \$.45 ALACARTE</p> <p>*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT</p>
<i>7 PASTA WITH MEAT BALLS GARLIC BREAD,SALAD FRUIT MILK AND DESSERT</i>	<i>8 BAKED CHICKEN DINNER WITH POT AND VEG FRESH FRUIT ,MILK AND DESSERT</i>	<i>9 MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT</i>	<i>10 FRENCH TOAST AND SAUSAGE SALAD FRESH FRUIT MILK AND DESSERT</i>	<i>11 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>		
<i>14 RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DESSERT</i>	<i>15 CHICKEN PARM DINNER WITH PASTA ,SALAD FRUIT ,MILK AND DESSERT</i>	<i>16 HOT TURKEY SAND WITH VEG. FRESH FRUIT ,MILK AND DESSERT</i>	<i>17 HAMBURGER OR CHEESE-BURGER,SALAD PUFFS FRESH FRUIT MILK AND DESSERT</i>	<i>18 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>		
<i>21 NO FOOD SERVED</i>	<i>22 GRILLED CHEESE SAND AND SOUP WITH SALAD FRUIT, MILK & DESSERT</i>	<i>23 CHEESE QUESADILLA WITH SALAD FRESH FRUIT MILK AND DESSERT</i>	<i>24 CHICKEN NUGGET DINNER WITH POT.. VEG FRUIT MILK AND DESSERT</i>	<i>25 PIZZA DELUXE WITH TOSS SALAD FRUIT , MILK. AND DESSERT</i>		
<i>28 POPCORN CHICKEN WITH POT. VEG. FRUIT ,MILK AND DESSERT</i>	<i>29 .PANCAKES AND SAUSAGE VEG. FRESH FRUIT ,MILK AND DESSERT</i>	<i>30 AMERICAN CHOP SUEY WITH GARLIC BREAD SALAD ,FRUIT ,MILK AND DESSERT</i>	<i>31 BEEF TACO WITH ALL THE TRIM-MINGS,FRUIT ,MILK AND DESSERT</i>			