

FREETOWN/LAKEVILLE MIDDLE SCHOOL

LUNCH MENU NOVEMBER 2012

| Mon | Tue | Wed | Thu | Fri | ALTERNATIVES SERVED DAILY |
|--|--|---|---|---|---|
| | | | 1 GRILLED CHEESE SAND WITH A CUP OF SOUP, SALAD, FRESH FRUIT AND MILK | 2 PIZZA DELUXE WITH SALAD FRUIT AND MILK | 1) HAMBURGER OR CHEESE-BURGER 2) CHEESE PIZZA 3) CHICKEN BURGER ON A BUN 4) PREMADE SALADS 5) VARIETY OF PREMADE SANDWICHES |
| 5 CHICKEN NUGGETTS WITH POT. VEG. FRESH FRUIT AND MILK | 6 NO FOOD SERVED | 7 BAKED CHICKEN DINNER WITH POT. VEG. FRESH FRUIT AND MILK | 8 CHICKEN FAJITA WITH ALL THE TRIM-MINGS, FRESH FRUIT AND MILK | 9 PIZZA DELUXE WITH SALAD FRUIT AND MILK | 6) MEATBALL, SUB PRE-PAY LUNCH PROGRAM MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, AND CAN BE USED FOR THE FOLLOWING |
| 12 NO FOOD SERVED | 13 CHICKEN PARM WITH PASTA SALAD FRUIT AND MILK- SALAD, FRUIT AND MILK | 14 MACARONI AND CHEESE WITH VEG. OR SALAD, FRESH FRUIT AND MILK | 15 JR TURKEY CLUB WITH PUFFS SALAD, FRESH FRUIT AND MILK. | 16 PIZZA DELUXE WITH SALAD FRESH FRUIT AND MILK | 1) DAILY SCHOOL LUNCH OR PASTA BAR 2) A CHICKEN BURGER, HAMBURGER, CHEESEBURGER WITH SALAD FRUIT AND MILK OR JUICE |
| 19 RIB-E-QUE SAND WITH PUFFS SALAD FRUIT AND MILK | 20 PASTA WITH MEAT SAUCE GAR-LIC BREAD SALAD, FRESH FRUIT AND MILK | 21 NO FOOD SERVED | 22 NO FOOD SERVED | 23 NO FOOD SERVED | 3) A SLICE OF PIZZA WITH SALAD FRUIT AND MILK OR JUICE. 4) SELECTED PREMADE SANDWICHES OR SALADS WITH FRUIT AND MILK OR JUICE |
| 26 POPCORN CHICKEN WITH POT. VEG. FRESH FRUIT AND MILK | 27 CHEESE QUESADILLA WITH SALAD, FRESH FRUIT AND MILK | 28 SHEPARDS PIE WITH GRAVY, FRESH FRUIT AND MILK | 29 BEEF TACO WITH ALL THE TRIMMINGS, FRESH FRUIT AND MILK. | 30 PIZZA DELUXE WITH SALAD FRESH FRUIT AND MILK | PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRS D ALL MILK PRICES ARE \$.45 ALACARTE |