

# GEORGE R. AUSTIN INTERMEDIATE SCHOOL

## LUNCH MENU NOVEMBER 2012

Mon	Tue	Wed	Thu	Fri	ALTERNATIVES SERVED DAILY
			1 GRILLED CHEESE SAND WITH SOUP FRESH FRUIT AND MILK	2 PIZZA DELUXE WITH SALAD OR VEG. FRUIT AND MILK	1) PREMADE SALADS 2) VARIETY OF PREMADE SAND- WICHES  <b>LUNCH CARD PROGRAM</b>  CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS <b>\$25.00</b> AND CAN BE USED FOR THE FOLLOWING 1) DAILY SCHOOL LUNCH 2) A CHICKEN BURGER, HAMBURGER, CHEESEBURGER WITH SALAD FRUIT AND MILK OR JUICE  3) SELECTED PREMADE SANDWICHES OR SALADS WITH FRUIT AND MILK OR JUICE PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD ALL MILK PRICES ARE \$.45 ALACARTE
5 CHICKEN NUGGETS DINNER WITH POT AND VEG FRESH FRUIT AND MILK	6 NO FOOD SERVED	7 BAKED CHICKEN DINNER WITH POT., VEG FRUIT AND MILK	8 FRENCH TOAST AND SAU- SAGE, FRESH FRUIT AND MILK	9 PIZZA DELUXE WITH SALAD OR VEG. FRESH FRUIT AND MILK	
12 NO FOOD SERVED	13 CHICKEN PARM WITH PASTA SALAD, FRUIT AND MILK	14 MACARONI AND CHEESE WITH VEG. OR SALAD- FRESH FRUIT AND MILK.	15 JR TURKEY CLUB SAND WITH PUFFS SALAD FRESH FRUIT AND MILK	16 PIZZA DELUXE WITH SALAD OR VEG, FRESH FRUIT AND MILK	
19 RIB-E-QUE SAND WITH PUFFS, SALAD, FRESH FRUIT AND MILK	20 PASTA AND- MEATSAUCE WITH GARLIC BREAD, SALAD FRESH FRUIT AND MILK	21 NO FOOD SERVED	22 NO FOOD SERVED	23 NO FOOD SERVED	
26 POPCORN CHICKEN WITH POT VEG. FRESH FRUIT AND MILK	27 CHEESE QUESADILLA WITH SALAD, FRESH FRUIT AND MILK	28 SHEPHERDS PIE WITH GRAVY FRESH FRUIT AND MILK	29 BEEF TACO WITH ALL THE TRIMMINGS FRESH FRUIT AND MILK	30 PIZZA DELUXE WITH SALAD OR VEG. FRESH FRUIT AND MILK.	