

ASSAWOMPSET ELEMENTARY SCHOOL

LUNCH MENU NOVEMBER 2012

Mon	Tue	Wed	Thu	Fri
			1 GRILLED CHEESE SAND. WITH A CUP OF SOUP ,SALAD, FRUIT,MILK AND DESSERT	2 PIZZA DELUXE WITH TOSS SALAD FRUIT AND MILK & DESSERT
5 CHICKEN NUGGETS DINNER WITH POT. VEG. FRUIT MILK AND DESSERT	6 NO FOOD SERVED	7 BAKED CHICKEN DINNER WITH POT. VEG FRUIT ,MILK AND DESSERT	8 FRENCH TOAST WITH SAUSAGE VEG FRESH FRUIT MILK & DESSERT	9 PIZZA DELUXE WITH TOSS SALAD FRUIT ,MILK AND DESSERT
12 NO FOOD SERVED	13 CHICKEN PARM DINNER WITH PASTA,SALAD, FRUIT MILK,AND DESSERT	14 MACARONI AND CHEESE WITH VEG.FRESH FRUIT MILK AND DESSERT	15 JR TURKEY CLUB SAND WITH PUFFS,SALAD ,FRE SH FRUIT AND MILK	16 PIZZA DELUXE WITH SALAD,FRESH FRUIT ,MILK AND DESSERT
19 RIB-E-QUE SAND WITH PUFFS,SALAD, FRUIT MILK, AND DESSERT	20 PASTA &MEAT SAUCE,GARLIC BREAD,SALAD FRUIT,MILK &DESSERT	21 NO FOOD SERVED	22 NO FOOD SERVED	23 NO FOOD SERVED
26 POPCORN CHICKEN WITH POT. VEG. FRESH FRUIT,MILK AND DESSERT	27 HAMBURGER OR CHEESE-BURGER,SALAD POT. PUFFS,FRESH FRUIT AND MILK	28 SHEPHERDS PIE WITH GRAVY,FRESH FRUIT AND MILK	29 FRENCH TOAST AND SAUSAGE,SALAD,FRESH FRUIT,MILK AND DESSERT	30 PIZZA DELUXE WITH SALAD,FRESH FRUIT,MILK AND DESSERT

ALTERNATIVES SERVED DAILY

VARIETY OF PREMADE SANDWICHES TUNAFISH, HAM & CHEESE , BOLOGNA & CHEESE

ALL ALTERNATIVES SERVED CAN INCLUDE SALAD OR SOUP FRESH FRUIT ,MILK AND DESSERT

LUNCH CARD PROGRAM

CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS **\$25.00** AND CAN BE USED FOR THE FOLLOWING
 1) DAILY SCHOOL LUNCH OR
) SELECTED PREMADE SANDWICHES WITH FRUIT AND MILK
 PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD
 ALL MILK PRICES ARE \$.45 ALACARTE
 ***ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG. FRESH FRUIT ,MILK AND DESSERT