

FREETOWN ELEMENTARY SCHOOL

LUNCH MENU NOVEMBER 2012

Mon	Tue	Wed	Thu	Fri	ALTERNATIVES SERVED DAILY
			<i>1 GRILLED CHEESE SAND AND SOUP WITH SALAD FRUIT, MILK & DESSERT</i>	<i>2 PIZZA DELUXE WITH TOSS SALAD FRUIT, MILK & DESSERT</i>	VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI & CHEESE SLICED TURKEY ALL ALTERNATIVES SERVED CAN INCLUDE MILK SALAD OR SOUP FRESH FRUIT
<i>5 CHICKEN NUGGET DINNER WITH POT.. VEG FRUIT MILK AND DESSERT</i>	<i>6 NO FOOD SERVED</i>	<i>7 BAKED CHICKEN DINNER WITH POT AND VEG FRESH FRUIT ,MILK AND DESSERT</i>	<i>8 FRENCH TOAST AND SAU- SAGE SALAD FRESH FRUIT MILK AND DESSERT</i>	<i>9 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>	LUNCH CARD PROGRAM CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS \$25.00 AND CAN BE USED FOR THE FOLLOWING 1) DAILY SCHOOL LUNCH OR .SELECTED PREMADE SANDWICHES
<i>12 NO FOOD SERVED</i>	<i>13 CHICKEN PARM DINNER WITH PASTA ,SALAD FRUIT ,MILK AND DESSERT</i>	<i>14 MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT</i>	<i>15 JR TURKEY CLUB SAND WITH PUFFS ,SALAD,FRE SH FRUIT AND MILK.</i>	<i>16 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT</i>	WITH FRUIT AND MILK PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD ALL MILK PRICES ARE \$.45 ALACARTE
<i>19 RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DES- SERT</i>	<i>20 PASTA WITH MEAT SAUCE GAR- LIC BREAD,SALAD FRUIT AND DESSERT</i>	<i>21 NO FOOD SERVED</i>	<i>22 NO FOOD SERVED</i>	<i>23 NO FOOD SERVED</i>	*** ALL MEALS CAN I NCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT
<i>26 POPCORN CHICKEN WITH POT.VEG FRESH FRUIT MILK AND DESSERT</i>	<i>27 HAMBURGER OR CHEESE- BURGER,SALAD PUFFS FRESH FRUIT AND MILK.</i>	<i>28 SHEPHERDS PIE WITH GRAVY ,FRESH FRUIT AND MILK</i>	<i>29 FRENCH TOAST WITH SAUSAGE VEG FRESH FRUIT MILK & DESSERT</i>	<i>30 PIZZA DE- LUXE WITH SALAD OR VEG FRESH FRUIT MILK AND DESSERT</i>	