FREETOWN ELEMENTARY SCHOOL
LUNCH MENU MAY 2013

Mon	Tue	Wed	Thu	Fri
		1 CHICKEN NUG-GETTS DINNER WITH POT. VEG,FRUIT MILK AND DESSERT	2 FRENCH TOAST AND SAUSAGE SALAD FRESH FRUIT MILK AND DESSERT	3 PIZZA DELUXE WITH TOSS SALAD FRUIT ,MILK & DESSERT
6 POPCORN CHICKEN WITH POT. VEG. FRUIT ,MILK AND DESSERT	7 PASTA WITH MEAT BALLS A ROLL SALAD FRESH FRUIT AND MILK.	8 MACARONI AND CHEESE WITH VEG,FRESH FRUIT ,MILK AND DESSERT	9 BEEF TACO WITH ALL THE TRIM-MINGS,FRUIT ,MILK AND DESSERT	10 PIZZA DELUXE WITH TOSS SALAD FRUIT MILK & DESSERT
13 RIB-E-QUE SAND WITH PUFFS SALAD,FRESH FRUIT,MILK AND DESSERT	14 CHICKEN PATTY SAND WITH-SALAD FRESH FRUIT ,MILK AND DESSERT	15 HOT DOGS BEANS SALAD WITH FRESH FRUIT AND MILK.	16 BAKED CHICKEN DINNER WITH POT,VEG FRUIT,MILK AND DESSERT	17 CHEESE QUESADILLA WITH SALAD FRESH FRUIT MILK AND DESSERT
20 CHICKEN NUGGET DINNER WITH POT.. VEG FRUIT MILK AND DESSERT	21 . PASTA WITH MEAT SAUCE A ROLL SALAD,FRESH FRUIT,MILK AND DESSERT	22 .PANCAKES AND SAUSAGE VEG. FRESH FRUIT ,MILK AND DESSERT	23 JR TURKEY CLUB SAND WITH PUFFS ,SALAD,FRESH FRUIT MILK. AND DESSERT	24 PIZZA DELUXE WIYH SALAD OR VEG FRESH FRUIT AND MILK.
27 NO FOOD SERVED	28 .CHEESE QUESADILLA WITH SALAD FRESH FRUIT MILK AND DESSERT	29 POPCORN CHICKEN WITH VEG,POT FRUIT ,MILK AND DESSERT	30 HAMBURGER OR CHEESE-BURGER,SALAD PUFFS FRESH FRUIT MILK AND	31 PIZZA DELUXE WITH TOSS SALAD,FRESH FRUIT ,MILK AND DESSERT

ALTERNATIVES SERVED DAILY

VARIETY OF PREMADE SANDWICHES BOLOGNA, PEPPERONI & CHEESE SLICED TURKEY
ALL ALTERNATIVES SERVED CAN INCLUDE   MILK SALAD OR SOUP FRESH FRUIT

LUNCH CARD PROGRAM

CARDS MAY BE PURCHASED DAILY AT THE END OF EACH LUNCH IN THE CAFETERIA, EACH CARD IS GOOD FOR 10 HEALTHY LUNCHES. THE COST OF EACH CARD IS $25.00AND CAN BE USED FOR THE FOLLOWING
1) DAILY SCHOOL LUNCH OR .SELECTED PREMADE SANDWICHES

WITH FRUIT AND MILK
PAYMENT BY CHECK-NAME AND HOME ROOM IN MEMO AREA CHECKS TO BE MADE OUT TO FLRSD
ALL MILK PRICES ARE $.45 ALACARTE
*** ALL MEALS CAN INCLUDE THE OFFERING OF THE DAY WHICH COULD BE POT. VEG.FRUIT AND MILK AND DESSERT